

Promises

TAKEN FROM THE BOOK OF ELIZABETH KINDELMANN CHAPTERS

1. PROMISES

CHAPTER 1 – PROMISES

(The numbers note the page in the Simplified Version of the diary where the quote is found).

(18) Each time you fast, you will free a priest's soul from purgatory. (Jesus)

(18) Whoever practices this fast will themselves be freed within eight days after their death. (Jesus)

(19) With this flame you will light all the hearts in the world. The miracle will be this. This flame will become a fire, and with its shining light, this fire will blind Satan. (Mary)

(20) My flame will go forth from Carmel, because they are the ones most called to honor me. (Mary)

(24) Prepare everything so that it will spread like wildfire. (Mary)

(25) Through this prayer, Satan will be blind and souls will not be led into sin. (Jesus)

(27) I would speak to every soul this way, if they would receive me. (Jesus)

(29) If they used the sacrament of Penance to polish these treasures, they would shine again. (Jesus)

(32) Since the Word became Flesh, I have never given such a great movement as the

Flame of Love that comes to you now. Until now, there has been nothing that so blinds Satan. (Mary)

(32) The Flame will be lit and will reach the whole world, not just in nations that have been faithful. (Mary)

(32) I cannot deny my Mother anything when she uses her Flame of Love. (Jesus) (33) With my Flame of Love I want the home to come alive again with love. I want to unite scattered families. (Mary)

(34) In spite of objections, bad intentions and obstacles, my Cause will succeed. (Mary) (38) From now on, when any of you are at prayer during the night vigil, I will give you the grace so that the Flame of Love blesses dying persons in the whole world. (Mary) (38) I will blind Satan so this Flame will save the dying from eternal damnation. (Mary)

(39) Because of your humility, my Flame of Love will move gently ahead, without any force. (Mary)

(40) If a person fasts for a deceased priest, by that fast the priest's soul will be freed from purgatory, eight days after his death. Anyone who observes this fast, will free a suffering soul. (Jesus)

(40) By observing this fast, priests will be freed from purgatory on the eighth day after their death. (Jesus)

(40) You must see Thursday and Friday as days of great grace. During the hours of reparation, the power of Satan will weaken to the degree that you pray for sinners.

(Mary)

(44) My Flame of Love is burning. It is so great that I cannot keep it any longer within me.

It leaps out to you with explosive power. (Mary)

(44) When the Flame of Love pours out, my love will destroy the satanic hatred that contaminates the world. The greatest number of souls will be set free. (Mary)

(44) Nothing like this has existed before. This is my greatest miracle that I will do for all.

(Mary)

(44) My Flame of Love will blind Satan to the degree that you spread it to the whole world. This Flame will work miracles in their hearts. They will communicate this miracle to others. (Mary)

(44) No need for this miracle to be authenticated. I will authenticate the miracle in each soul. All will recognize the outpouring of the Flame of Love. (Mary)

(46) If at any moment, someone prays three Hail Mary's in my honor, while referring to the Flame of Love, they will free a soul from purgatory. (Mary)

(46) During November, one Hail Mary will free ten souls. The souls in Purgatory should experience the effect of the Flame of Love. (Mary)

(46) While someone is at adoration or visiting the Blessed Sacrament, Satan loses his dominion. As a blind man, he ceases to rule over souls. (Mary)

(49) If people assist at mass without any obligation and are in God's grace, I will pour out the Flame of Love and blind Satan during mass. When Satan is blinded, he can do nothing. (Mary)

(49) Participating in mass helps the most in blinding Satan. He knows his downfall is near. (Mary)

(51) I will give you the grace of full abandonment to me. This grace will totally control your being, and grace will go out to others. (Jesus)

(56) Whoever walks with me will be joined with me in one glance. (Jesus)

(61) The Spirit of Pentecost will flood the earth with the Spirit's power and a great miracle will gain the attention of all humanity. This will be the effect of grace of the Flame of Love. (Jesus)

(61) The face of the earth will be renewed because "something like this has not happened since the Word became Flesh". (Jesus)

(61) Earth, although flooded with sufferings, will be renewed by Our Lady's intercession. (Jesus)

(62) I, the beautiful Ray of Dawn, will blind Satan. No dying soul should be condemned.

My Flame of Love will now be lit. (Mary)

(64) By my Flame of Love, a new era of grace, never before known on the earth, will begin. (Mary)

(64) When the effect of grace of my Mother's Flame of Love pours out into all hearts, she will be venerated as never before. All will join in one gigantic prayer of petition. (Jesus)

(64) I am continually at your disposal. You do not need to stand in line or to have an appointment. I am present everywhere. (Jesus)

(65) If my Flame of Love is lit upon the earth, grace will be poured out upon the dying. Satan will be blinded and through your nightly vigil, the agony of the dying will end. Even the hardened sinner will have a conversion. (Mary)

(66) I extend the Flame of Love over all towns, not just those that live in Holy Mother the Church, also on all souls that have been baptized. (Mary) (The diary notes that this was further extended by Our Lady to the non-baptized. September 19 and 22, 1963)

(66) If a family keeps a holy hour on Thursday or Friday, and someone in that family dies, the person will be freed from Purgatory after one day of the fast kept by a family member. (Mary)

(68) My Flame of Love will encounter no resistance and will illuminate souls with a gentle light. They will be intoxicated with abundant graces and announce the Flame to everyone. A torrent of graces which have not been given since the Word became Flesh will pour out. (Mary)

(69) Satan will be humiliated and unable to exercise his power. (Mary)

(69) Through a few people, a great outpouring of graces will change the world. No one must excuse themselves or refuse my invitation. All are my instruments. (Mary)

(70) When I encounter one holy person, I pardon many. (Jesus)

(72) I do not want one soul condemned. All must desire the same thing. That is why I place this beam of light, the Flame of Love, in your hands. (Jesus)

(72) She places in your hands the Flame of Love which will blind Satan who wants to rule over families. (Jesus)

(73) Anyone who reads about what I gave you yesterday will share, without any exceptions, in the outpouring of my graces. By this, I pay you in advance for all your sufferings. (Jesus) (74) Let my Precious Blood fall upon you. My drops of Blood are a bank check. The check is valid until the end of the world. The soul in God's grace can cash it at any time before their death. Each soul must use this check as frequently as possible. It is the ransom paid by my Precious Blood. (Jesus)

(77) All who are one with me receive this sharing, which is an eternal circular movement between heaven and earth. Your sacrifices rise to me and my blessings pour out upon you. (Jesus)

(86) The time you spend on me is never lost. It is saved for eternity. Since you will render an account of how you spend your time, why not do everything for me. This is so easy. (Jesus)

(87) Once Satan is blinded, the decrees of Vatican Council II will be fulfilled in an extraordinary way. (Jesus) (The Council had begun two weeks earlier.)⁵

(87) Tell all that the mass is a manifestation of my presence and I pour out great graces through the mass. (Jesus)

(87) Satan being blind signifies a worldwide triumph of my Sacred Heart, the freedom of souls and a full opening of the road of salvation. (Jesus)

(89) With your help I will perform a miracle that the intellectuals will try to imitate in vain. It will never be in their power. (Mary)

(89) We will put out fire with fire. Satan's hatred hurls its flames so high that he believes victory is secure. But, my Flame of Love will blind Satan. I have given this Flame into your hands. Soon, it will arrive at its destination and will quench the fire of hell. (Mary) (89) Satan's fire

burns in some minds and hearts. Instead, I want my gentle Flame to burn there. (Mary)

(89) As the number who sacrifice increases, the Flame will grow greater. The brilliance of my Flame of Love will fill the whole earth. (Mary)

(91) By my Flame of Love, I will place the crown of success on the Holy Council (Mary) (Vatican II was completed in December, 1965).

(93) Many do not see my hand begging for help. I draw close but they turn away and keep walking the road of darkness. The Flame of Love will be placed on earth to enlighten these souls. (Jesus)

(93) When souls make sacrifices for my saving work, I am in debt to them. They buy me with their favors. (Jesus)

(101) I will enkindle the Flame of Love in millions of souls. Satan's fire cannot extinguish this flame. My Mother will light one match and blind him. (Jesus)

(106) Trust my Mother. The world of the future is being prepared. The smile of my Mother will light up the whole earth. (Jesus)

(106) If we depend on the Flame of Love, the Lord will enlighten our intellect and show us the most perfect will of God. (Elizabeth)

(106) All will see the results of their labors on behalf of the Flame of Love. (Mary)

(108) If priests observe this Monday fast in all the holy masses that they celebrate that week, at the moment of Consecration, they will free innumerable souls from Purgatory. (Mary) (108) Consecrated souls and the faithful who keep the Monday fast will free a multitude of souls each time they receive Communion that week. (Jesus)6

(109) Our Lady said that the sign of the cross expels Satan, as does the ejaculatory prayer "Spread the effect of the grace of thy Flame of Love over all of humanity." (Elizabeth) (109) My Mother is Noah's Ark. (Jesus)